

PSYCHOLOGY - BLOOMFIELD COLLEGE (PSY)

PSY 100 Introduction to Psychology (3 credits)

Introduction to psychological research methods, biological foundations, sensation and perception, states of consciousness, learning, memory, human development, personality, social behavior, psychological disorders and treatment, and applied psychology. Satisfies SEEDS Analyzing Cultures and Societies student learning outcome in alignment with Self-Discovery and Self-Care value.

PSY 201 Human Cognition/Learning (3 credits)

Prerequisite(s): PSY 100. An examination of various topics including classical conditioning, operant conditioning, memory, language, thinking, creativity and problem-solving.

PSY 205 Developmental Psychology (3 credits)

Prerequisite(s): WRT 108 or 109; and PSY 100. Writing Intensive. An introduction to the study of human development across the lifespan. The course focuses on research methodology and current literature in the areas of physical, cognitive, social, and personality changes from conception to death. Stress is placed on evaluating the relative contributions of nature and nurture to these changes.

PSY 208 Advocacy in Action: Civic Engagement through Social Sciences (3 credits)

This course uses social science frameworks to explore advocacy and civic engagement. Students will learn to evaluate information, understand sociopolitical structures, and enact social change through a collective social action project, applying theories and methods from social sciences to real-world community issues. Satisfies SEEDS Political and Civic Life student learning outcome in alignment with Engagement, Agency, and Leadership value. Mutually Exclusive with CSJ/SOC 208.

PSY 209 Health Psychology (3-4 credits)

Prerequisite(s): PSY 100. An examination of the specialization in psychology that focuses on physical health. In particular, health psychology describes the interrelationships between behavior, psychological states, and physical health.

PSY 210 Educational Psychology Adolescence (3-4 credits)

Prerequisite(s): PSY 100. (Also EDC 210) The role of psychological concepts in educational practices, focusing on the nature and sources of intellectual development and readiness according to Piagetian, psychometric, and information process perspectives. Beyond these approaches to cognitive development, learning theory, motivation, and the role of emotion in learning will be discussed. This course will also include a section on individual differences in learning; exceptional students and social, ethnic, cultural, and gender differences. The related topics of measurement and evaluation of learning will round out the course.

PSY 221 Career Development Theory and Practice (3-4 credits)

Prerequisite(s): GIS 100, or PSY 100, or SOC 100. An introduction to theory, research, and practice in the field of career development. Career development is a major aspect of human development. Students will use the theories and research discussed in class to craft their own career development plans. Formerly PSY 314.

PSY 224 Industrial/Organizational Psychology (3 credits)

Prerequisite(s): BUS 200 or PSY 100. The application of the methods, facts, and principles of the science of psychology to people at work. Topics include: employee selection, training, performance appraisal, leadership, motivation, job satisfaction, working conditions, workplace safety, violence in the workplace, health issues at work, stress, engineering psychology and consumer psychology. Formerly PSY 324.

PSY 230 Social Psychology (3 credits)

Prerequisite(s): PSY 100, SOC 100, or CSJ 101. Human behavior as the interaction of individual and social processes. Recent research on topics such as interpersonal attraction, perception, and small group behavior; analysis of events and environments of current interest. Mutually Exclusive with CSJ 230 and SOC 230.

PSY 231 Animal Behavior (3 credits)

Prerequisite(s): PSY 100. Human behavior as the interaction of individual and social processes. Recent research on topics such as interpersonal attraction, perception, and small group behavior; analysis of events and environments of current interest.

PSY 245 Statistics for the Behavioral Sciences (4 credits)

Prerequisite(s): MTH 130 or MTH 131. Introduction to statistical methods as applied to the behavioral sciences. Emphasis on the basic assumptions underlying statistical concepts, selection of appropriate analyses, and the role of statistics in the analysis and interpretation of quantitative data. Topics include frequency distributions, measures of central tendency and variability, probability and sampling, correlation and regression, and hypothesis testing. Equivalent course PSY 245A effective through Fall 2026.

PSY 305 Abnormal Psychology (3-4 credits)

Prerequisite(s): PSY 100. An introduction to psychological issues in mental health including understanding of the DSM-IV. Issues of diversity in diagnosis, treatment, and research will be addressed.

PSY 306 Adolescence (3 credits)

Prerequisite(s): PSY 100. An in depth analysis of that transitional period known as adolescence. The course will focus on research methodology and current literature in areas such as pubertal changes, cognitive development, academic achievement, identity achievement, sexuality and intimacy. Issues will be viewed through the contexts of development-peers, families, employment, school and culture.

PSY 307 The Theories of Personality (3-4 credits)

Prerequisite(s): PSY 100. Approaches to the study of personality including psychoanalytic, developmental, behavioristic and other theories. Emphasis on research design and assessment techniques in the field.

PSY 308 Theory and Practice in Human Services (3 credits)

Prerequisite(s): PSY 245 or SOC 215. This course considers several different cross-disciplinary theoretical frameworks that are relevant to understanding social problems (e.g., HIV/AIDS, poverty and homelessness, teenage motherhood, hunger, domestic violence, alcohol and drug abuse, aging, child welfare issues, etc.). The course investigates the ways in which these social problems and people's needs are addressed by our social welfare and human service institutions, both public and private. Ethical issues surrounding the provision of care and services in the human services are emphasized. Principles of group dynamics, needs assessment, participant observation and evaluative research methods are also studied. Mutually Exclusive with SOC 308.

PSY 309 Adulthood and Aging (3 credits)

Prerequisite(s): PSY 205WI. An in depth analysis of development from early adulthood through old age. The course focuses on current literature in areas such as physical, cognitive, and personality changes, relationships, parenthood, work and retirement. Central questions: Is adulthood a period of decline or development? How is the experience of aging affected by cultural attitudes toward the aged?.

PSY 310 Research Methods I (3 credits)

Prerequisite(s): PSY 100; and PSY 245; and WRT 108 or WRT 109. Writing Intensive. The combined lecture and laboratory course includes research projects based on traditional research designs as well as archival, observational, correctional, and quasi-experimental methods. A lab component is included in the course.

PSY 311 Research Methods II (3 credits)

Prerequisite(s): PSY 310 or SOC 325; and WRT 107, WRT 108, or WRT 109. Writing Intensive. This combined lecture and laboratory course primarily focuses on qualitative and applied research methods used in educational, social services and corporate settings. Methods covered will include focus groups, structured interviews, archival research and program evaluation.

PSY 317 Organizational Behavior (4 credits)

Prerequisite(s): For Business majors, BUS 200 and BUS 313 or BUS 313B; for Sociology majors, at least one prior SOC course; for Psychology majors, PSY 224 or PSY 230; for all other majors, consent of the Instructor is required. Restriction(s): Junior or Senior standing required. The study of individual and group behavior in organizations. Key topics include job satisfaction; motivation; group dynamics, leadership; conflict and change; communication; job design; power and influence; organization concepts and design; organizational development.

PSY 319 The Psychology of Motivation (3-4 credits)

Prerequisite(s): PSY 100. Analysis of the development of motivation from simple drives to complex social needs, including the nature of emotion, attitudes and motives. Emphasis on current research in motivation and its theoretical implications. Formerly PSY 215.

PSY 320 Sensation and Perception (3 credits)

Prerequisite(s): PSY 100. In this course we will examine how humans (and other animals) sense and perceive the world around them. We will focus on the major senses - vision, hearing, touch, smell, taste, and spatial orientation. Particular emphasis will be given to the sensory-perceptual process in each of these systems: sensory receptors and pathways, perceptual processing, and the construction of meaning. We will examine the senses from multiple vantages including physiology, behavior, psychophysics, and ecology.

PSY 323 Biopsychology (3 credits)

Prerequisite(s): PSY 100. The study of the biological bases of behavior. The focus is on the role of genetics, neurophysiology, hormones and drugs on sensation, perception, learning, consciousness, emotion, motivation, sexual behavior and psychopathology.

PSY 332 Death and Dying (3 credits)

Prerequisite(s): PSY 100. This course provides an overview of the ways that we are touched by death and dying. Topics include the death system, hospice, suicide, violent death, death in childhood, bereavement, grief, mourning, and the funeral process. We will discuss ways of handling the psychological, sociological, cultural, and religious implications of death.

PSY 333 Selected Topics in Psychology (3-4 credits)

Prerequisite(s): PSY 100 and an additional prerequisite to be announced when course is offered. Topics may include relationships and divorce, history and systems, self in contemporary psychology among others. Course may be repeated for credit as topics change.

PSY 335 Psychology of Gender (3 credits)

Prerequisite(s): PSY 100. An analysis of present research findings and theory pertaining to gender-related issues. Social and intellectual development, gender differences, and gender role socialization will be examined. This course will provide students with a basis for understanding the role of gender in research and clinical applications.

PSY 350 Drugs Behavior (3-4 credits)

Prerequisite(s): PSY 100. Widespread use of psychoactive substances was a component of human behavior before the advent of civilization. In this course, we will examine the how and why of human drug use. We will focus on the biological mechanisms of drug action and how this in turn affects human behavior. We will also explore drug use/abuse from a societal perspective across different times and cultures. Taking a social justice perspective, we will examine how current drug laws affect society at-large, how the enforcement of certain drug laws affects under-represented groups, and whether/how anti-drug laws are effective at curbing drug abuse and its associated criminal behaviors.

PSY 405 Sports Psychology (3-4 credits)

Prerequisite(s): PSY 100 and PSY 310. This course will examine the psychological concepts that are relevant to sport. Students will learn about the science of sport psychology, examining various topics such as arousal, motivation, competition, group and team cohesion, communication, self-confidence, and concentration.

PSY 418 Principles of Psychotherapy (3 credits)

Prerequisite(s): PSY 307 or PSY 305; and PSY 310. An upper level integrating course that focuses on theoretical and practical models of psychotherapy and counseling in applied settings. The focus is on current research and practices in the field of clinical psychology. A background in personality theory and abnormal psychology is highly recommended.

PSY 420 Group Dynamics (3-4 credits)

Prerequisite(s): PSY 310. Restriction(s): Psychology major with Junior or Senior standing. The study of the theory and research of group behavior. Students will examine group dynamics through readings in industrial/organizational and social psychology. In addition, students will participate in experiential group exercises.

PSY 425 Cross-Cultural Psychology (3 credits)

Prerequisite(s): PSY 310. A study of cultural differences in psychological functioning. In a world of increasing cultural contact, globalization, immigration, and ethnic tensions, it is increasingly important to learn about cultural differences and intercultural communication. Are there any psychological universals? How can intercultural relations be improved? These are some of the questions cross-cultural psychology seeks to address.

PSY 433 Selected Topics in Psychology (3 credits)

Prerequisite(s): PSY 310WI. Restriction(s): Junior or Senior standing.

PSY 450 Senior Research Seminar (3 credits)

Prerequisite(s): PSY 310. Students will participate in the entire research process including hypothesis development, literature review, data collection and analysis, and communicating the results to others. The class will also discuss several contemporary and classic articles in psychology to further their knowledge of the field and their ability to critique research.

PSY 495 Psychology Internship (3 credits)

Prerequisite(s): PSY 310. This course requires a weekly seminar, as well as placement in an approved clinical, developmental, industrial/organizational, or educational setting for a total of 96 hours over the course of the semester. The course will permit students to apply what they have learned to new situations. Acceptance into the internship program requires an application procedure, interview with the instructor and two letters of recommendation. Equivalent course PSY 495B effective through Summer 2026.