

EXERCISE SCIENCE (B.S.) (COMBINED B.S./M.S. ATHLETIC TRAINING)

A Combined Degree program enables undergraduate students to enroll in graduate courses in their senior year, which can be counted towards the completion of both their Bachelor's and Master's degree requirements.

The ability to take these "swing courses" allows students to earn both their Bachelor's and Master's degrees in a shortened period of time, typically within five years. Undergraduate students interested in this option can find more information regarding program requirements on the University's Combined Programs website (<https://www.montclair.edu/combined-programs/programs-of-study/>).

Program Requirements

Students in this combined degree program must complete the requirements for:

Exercise Science (B.S.) (<http://catalog.montclair.edu/programs/exercise-science-bs/>)

Athletic Training (M.S.) (<http://catalog.montclair.edu/programs/athletics-training-ms/>)

Graduate Swing Courses

A combined degree program allows students to complete 6-12 graduate credits ("graduate swing courses") while enrolled as an undergraduate. These courses count for both their bachelor and master's degrees. Graduate swing courses will count toward undergraduate free electives, unless noted otherwise.

The Graduate Swing Courses for this program:

Code	Title	Credits
ATTR 500	Foundations of Therapeutic Intervention and Critical Incident Management	3
ATTR 530	Risk Reduction, Wellness, and Health Literacy	3
ATTR 540	Assessment Evaluation and Diagnosis of Health Conditions I	3
ATTR 551	Clinical Experience in Athletic Training I	3
Total Credits		12

Recommended Roadmap to Program of Study Completion

This recommended five-year plan is provided as an outline for students to follow in order to complete their program of study requirements within **five years**. This plan is a recommendation and students should only use it in consultation with their academic advisor.

Fifth year courses are taken at the graduate level, after matriculation into the graduate portion of this combined degree program.

First Year			
Fall	Credits Spring	Credits Summer	Credits
HPEM 199	1 Major Elective 1	3-4 PSYC 101 (Fulfills SEEDS: Exploration 2 – Analyzing Cultures and Societies)	3
EXSC 131	3 BIOL 245	4 SEEDS: Political and Civic Life	3
BIOL 244 (Fulfills SEEDS: Exploration 1 - Scientific Reasoning)	4 STAT 109 (Fulfills SEEDS: Quantitative Reasoning)	3	
SEEDS: Effective Writing I	3 SEEDS: Effective Writing II	3	
HLTH 101	3 Free Elective	3	
14		16-17	6
Second Year			
Fall	Credits Spring	Credits Summer	Credits
SEEDS: World Language 1	3 SEEDS: World Language 2 or Free Elective	3 SEEDS: Exploration 3	3
EXSC 255	3 EXSC 150	3 SEEDS: Exploration 4	3
Major Elective 2	3 PEMJ 324	3	
EXSC 234	3 EXSC 331	4	
PEMJ 320	4 SEEDS: Interactive Communication	3	
16		16	6
Third Year			
Fall	Credits Spring	Credits Summer	Credits
PEMJ 321	3 Major Elective 3 ATTR 402 strongly recommended	3 ATTR 500	3
EXSC 475	3 NUFD 182	3	
EXSC 430	3 EXSC 480	3	
EXSC 420	3 Free Elective	3	

EXSC 476	3 Free Elective	4	
	15	16	3

Fourth Year

Fall	Credits	
ATTR 530	3	
ATTR 540	3	
ATTR 551	3	
Free Elective	3	
	12	

Total Credits 120-121

Graduate Program

Fourth Year

Spring	Credits	
ATTR 541	3	
ATTR 542	3	
ATTR 533	3	
ATTR 552	3	
	12	

Fifth Year

Spring	Credits	Fall	Credits
ATTR 560	3	ATTR 532	3
ATTR 531	3	ATTR 543	3
ATTR 554	3	ATTR 553	3
	9		9

Total Credits 30