

GENERAL EDUCATION STUDIES CERTIFICATE

The **Certificate in General Education Studies** is a 2 year, non-degree program for students with intellectual disabilities. The program offers an inclusive and supportive pathway for students with intellectual disabilities to access college learning who would be unlikely to enroll in a degree-seeking program. The curriculum includes undergraduate courses in the liberal arts and sciences, followed by study in a self-selected area of concentration. The program also includes a supported work experience and instructional coursework to enable students' development of skills for self advocacy, intellectual pursuit, employment, and independent living.

Program Requirements Overview

Completion of a minimum of 36 credits is required. Some courses may be fewer or greater than 3 credits. In case a student chooses to take higher credit SEEDS or concentration courses the total number of credits may add up to more than 36 credits.

Code	Title	Credits
	New Student Seminar	1
	SEEDS General Education Requirements	9-10
	Major Requirements	24-27
	Free Electives	4-0
Total Credits		38

Major Requirements

Code	Title	Credits
Core/Required Courses		
CGST 150	College Orientation Seminar	3
	Complete 2 times for a total of 6 credits:	6
CGST 175	Continuing Student Seminar	
CGST 275	Supervised Work Experience	6
Concentration Requirements		
	Complete 3 courses or at least 9 credits from one University College Discovery Track, selected with an advisor. These courses may not be fulfilled by courses already taken as General Education Electives. See tracks below.	9-12
Total Credits		24-27

Concentrations

Education, Service, and Society

Code	Title	Credits
ANTH 100	Cultural Anthropology	3
ANTH 105	Introduction to Disability Studies, Rights, and Culture	3
ANTH 110	Anthropology of Multicultural America	3
ANTH 120	Native North Americans	3
ANTH 160	The Anthropology of Race	3
BIOL 100	Biological Sciences	4
BIOL 110	The Biology of Human Life	4
CHAD 210	Child Abuse and Neglect	3

CMST 101	Fundamentals of Speech: Communication Requirement	3
EAES 100	Principles of Geography	3
EAES 101	Planet Earth	4
EAES 105	Physical Geology	4
EAES 107	Earth and the Environment	4
EAES 150	General Oceanography	3
EAES 160	The Human Environment	3
EAES 170	World Geography	3
EAES 201	Understanding Weather and Climate	4
EAES 260	Energy, Environment and Society	3
ECEL 200	Perspectives on Early Childhood and Elementary Education in a Democracy	3
EDFD 200	Psychological Foundations of Education	3
EDFD 221	Historical Foundations of American Education	3
EDFD 264	Gender Issues in Education	3
EDFD 290	Education and the Social Development of Urban Youth	3
ENGL 116	World Literature: The Coming of Age Theme	3
GRIN 226	Fairy Tales from Grimm to Disney	3
or GERM 226	Fairy Tales from Grimm to Disney	
GLQS 100	Introduction to Gay, Lesbian, Bisexual, Transgender, Queer (GLBTQ) Studies	3
GSWS 102	Introduction to Women's and Gender Studies	3
HIST 117	Foundations of America	3
HIST 118	Emergence of the Modern United States	3
HLTH 290	Human Sexuality	3
HSET 208	Leisure and Recreation in Society	3
HUMN 201	General Humanities I (to 1400)	3
ITAL 262	Italian Americans in Film	3
JURI 210	Perspectives on Law	3
JUST 101	Criminology	3
JUST 103	Introduction to International Justice	3
LALS 201	Perspectives on Latin America	3
LALS 205	Image and Identity: Representation of Latin American Women in Film and Fiction	3
LAWS 200	Introduction to Law	3
LAWS 220	Conflict and Its Resolution	3
MATH 104	Fractals and Infinity	3
MATH 106	Creative Thinking through Mathematics	3
MEDH 101	Introduction to the Medical Humanities	3
MUGN 120	Rap and Rock as Cultural Phenomena	3
MUGN 160	Introduction to Music in World Cultures	3
PHYS 180	Astronomy for Everyone	4
POLS 100	Introduction to Politics	3
POLS 101	American Government and Politics	3
POLS 104	International Security and Diplomacy	3
POLS 201	Comparative Politics	3
POLS 202	International Relations	3
POLS 206	Government and Politics of China and Japan	3
PSYC 101	Introduction to Psychology	3
RELG 100	Religions of the World	3
RELG 101	Understanding Religion	3

RELG 102	Religious Ethics	3
RELG 185	The Arab World and Religion	3
RELG 221	Religion and Culture	3
RELG 232	Body and Soul	3
RELG 240	Asian Religions	3
RELG 246	Islamic Religious Traditions	3
RELG 250	African Religions	3
RELG 252	Africana Religions in the Americas	3
RELG 254	Native American Religion	3
RELG 256	Religion in Latin America	3
RUIN 193	Russian Culture and Civilization	3
SASE 210	Public Purposes of Education: Democracy and Schooling	3
SOCI 100	Introduction to Sociology	3
SOCI 102	Racial and Ethnic Relations	3
SOCI 104	Sociology of the Family	3
SOCI 106	Individual and Society	3
SOCI 113	Social Problems	3
SOCI 220	Sociology of Rich and Poor Nations	3
STAT 103	The Development of Statistics	3
STAT 109	Statistics	3
THTR 265	The Contemporary Theatre of Cultural Diversity	3
VIST 106	Modern Visions 1400-1945	3
WRIT 105	College Writing I	3-4
WRIT 106	College Writing II	3-4

Arts, Culture, and Design

Code	Title	Credits
ANTH 100	Cultural Anthropology	3
ANTH 101	Physical Anthropology	4
ANTH 103	Introduction to Archaeology	3
ANTH 105	Introduction to Disability Studies, Rights, and Culture	3
ANTH 110	Anthropology of Multicultural America	3
ANTH 115	Cultures of the Middle East	3
ANTH 120	Native North Americans	3
ANTH 130	Cultures of South Asia	3
ANTH 135	Anthropology of Conflict and Violence	3
ANTH 150	Cultures of Latin America	3
ANTH 160	The Anthropology of Race	3
ANTH 165	Human Culture in Biodiversity Conservation	3
ANTH 180	Health and Healing in Cross Cultural Perspective	3
ARAB/ARIN 185	The Arab World and Religion	3
ARAB/ARIN 193	Introduction to Arab Culture	3
ARAN 190	Introduction to the Visual Arts	3
ARFD 100	Perceptual Drawing	3
ARPH 201	Digital Photo and Imaging I	3
ARST 201	Objects in Clay	3
ARST 202	3D and Extended Media	3
ARST 204	Painting	3
ARST 205	Photography	3
ARST 206	Printmaking	3
ARST 207	Sculpture	3

ARTX 201	Culture and Appearance	3
CMST 101	Fundamentals of Speech: Communication Requirement	3
DNCE 100	Introduction to Ballet (Non-Major)	3
DNCE 105	Dance Appreciation	3
DNCE 110	Introduction to Modern Dance (Non-Major)	3
DNCE 145	Worlds of Dance	3
ENFL 208	Introduction to the Film	3
ENGL 110	Introduction to Literature: The Analytic Essay	3
ENGL 111	Introduction to Literature: The Short Story	3
ENGL 113	Introduction to Literature: Bestsellers and Popular Fiction	3
ENGL 114	Introduction to Literature: Utopian and Dystopian Fiction	3
ENGL 116	World Literature: The Coming of Age Theme	3
ENGL 117	World Literature: Voices of Tradition and Challenge	3
FREN/FRIN 283	Introduction to Women Authors of French-Speaking Africa	3
GERM/GRIN 226	Fairy Tales from Grimm to Disney	3
GLQS 100	Introduction to Gay, Lesbian, Bisexual, Transgender, Queer (GLBTQ) Studies	3
GSWS 102	Introduction to Women's and Gender Studies	3
HIST 103	Gods, Empires, Crusades Plague	3
HIST 105	Emergence of European Civilization, 1500-1914	3
HIST 106	Contemporary Europe	3
HIST 108	African History	3
HIST 110	Introduction to American Studies	3
HIST 112	Modern Middle Eastern History	3
HIST 114	Early Latin American History	3
HIST 116	Modern Latin American History	3
HIST 117	Foundations of America	3
HIST 118	Emergence of the Modern United States	3
HIST 132	Introduction to Chinese Civilization	3
HIST 138	Introduction to Modern South Asia	3
HUMN/RUIN 193	Russian Culture and Civilization	3
HUMN 194	The Great Russian Novel	3
ITAL 262	Italian Americans in Film	3
LALS 201	Perspectives on Latin America	3
LALS 205	Image and Identity: Representation of Latin American Women in Film and Fiction	3
MUGN 100	Introduction to Music	3
MUGN 109	Introduction to Jazz	3
MUGN 120	Rap and Rock as Cultural Phenomena	3
MUGN 136	The History of Broadway	3
MUGN 152	Music in Film	3
MUGN 160	Introduction to Music in World Cultures	3
RELG 240	Asian Religions	3
RELG 246	Islamic Religious Traditions	3
RELG 250	African Religions	3
RELG 252	Africana Religions in the Americas	3
RELG 254	Native American Religion	3
RELG 256	Religion in Latin America	3
RUIN 193	Russian Culture and Civilization	3

RUIN 194	The Great Russian Novel	3
THTR 100	Introduction to the Theatrical Medium	3
THTR 105	Acting I	3
THTR 265	The Contemporary Theatre of Cultural Diversity	3
VIST 105	Global Foundations in Art and Visual Culture	3
VIST 106	Modern Visions 1400-1945	3
VIST 109	Special Topics in Global Art Cultures	3
WRIT 105	College Writing I	3-4
WRIT 106	College Writing II	3-4

Health, Wellness, and Medicine

Code	Title	Credits
ANTH 105	Introduction to Disability Studies, Rights, and Culture	3
ANTH 110	Anthropology of Multicultural America	3
ANTH 180	Health and Healing in Cross Cultural Perspective	3
BIOL 100	Biological Sciences	4
BIOL 110	The Biology of Human Life	4
BIOL 112	Principles of Biology: Introduction to the Cell	4
CHAD 210	Child Abuse and Neglect	3
CHEM 100	Introductory Chemistry	4
CHEM 113	Fundamentals of Chemistry	4
CMST 101	Fundamentals of Speech: Communication Requirement	3
CSAM 101	Science Matters	4
EAES 100	Principles of Geography	3
EAES 101	Planet Earth	4
EAES 104	Natural Disasters	3
EAES 105	Physical Geology	4
EAES 107	Earth and the Environment	4
EAES 150	General Oceanography	3
EAES 160	The Human Environment	3
EAES 161	Human Geography	3
EAES 170	World Geography	3
EAES 201	Understanding Weather and Climate	4
EAES 250	Introduction to Marine Sciences	4
EAES 260	Energy, Environment and Society	3
ENGL 116	World Literature: The Coming of Age Theme	3
GLQS 100	Introduction to Gay, Lesbian, Bisexual, Transgender, Queer (GLBTQ) Studies	3
GSWS 102	Introduction to Women's and Gender Studies	3
HLTH 290	Human Sexuality	3
MEDH 101	Introduction to the Medical Humanities	3
NUFD 150	Food Composition and Scientific Preparation	3
NUFD 153	Dynamics of Food and Society	3
NUFD 182	Nutrition: A Socioecological Perspective	3
NUFD 192	Nutrition with Laboratory	4
PEGN 230	Personalized Fitness	3
PEGN 251	Fitness for Life	1
PEGN 257	Weight Training and Conditioning	1
PEGN 258	Beginning Tennis	1
PEGN 262	Volleyball	1
PEGN 265	Figure Skating	1

PEGN 271	Social Dance	1
PEGN 278	Yoga	1
PEMJ 131	Fitness Activities	3
PHIL 100	Introduction to Philosophy	3
PHIL 102	Ethics and Community Engagement	3
PHIL 106	Critical Thinking and Writing	3
PHYS 180	Astronomy for Everyone	4
PSYC 101	Introduction to Psychology	3
RELG 100	Religions of the World	3
RELG 102	Religious Ethics	3
RELG 221	Religion and Culture	3
RELG 232	Body and Soul	3
SOCI 100	Introduction to Sociology	3
SOCI 102	Racial and Ethnic Relations	3
SOCI 104	Sociology of the Family	3
SOCI 106	Individual and Society	3
SOCI 113	Social Problems	3
SOCI 220	Sociology of Rich and Poor Nations	3
STAT 103	The Development of Statistics	3
STAT 109	Statistics	3
STAT 110	Statistics for the Biological Sciences	4
WRIT 105	College Writing I	3-4
WRIT 106	College Writing II	3-4

Management and Industry

Code	Title	Credits
ANTH 105	Introduction to Disability Studies, Rights, and Culture	3
ANTH 110	Anthropology of Multicultural America	3
CMST 101	Fundamentals of Speech: Communication Requirement	3
CSIT 100	Introduction to Computer Concepts	3
CSIT 104	Python Programming I	3
ECON 101	Applied Macroeconomics	3
ECON 102	Applied Microeconomics	3
HSET 208	Leisure and Recreation in Society	3
INFO 173	Spreadsheet Modeling for Business Decisions	3
MATH 104	Fractals and Infinity	3
MATH 106	Creative Thinking through Mathematics	3
PHIL 100	Introduction to Philosophy	3
PHIL 102	Ethics and Community Engagement	3
PHIL 106	Critical Thinking and Writing	3
RELG 100	Religions of the World	3
RELG 102	Religious Ethics	3
RELG 221	Religion and Culture	3
SOCI 102	Racial and Ethnic Relations	3
SOCI 113	Social Problems	3
SOCI 220	Sociology of Rich and Poor Nations	3
STAT 103	The Development of Statistics	3
STAT 109	Statistics	3
WRIT 105	College Writing I	3-4
WRIT 106	College Writing II	3-4

New Student Seminar

Code	Title	Credits
Students in the Adult Learner program must take GNED 100.		
Complete one course from the following. Some courses may be restricted by major. Consult with an academic advisor.		1
ADVS 198	Pathways to Success	
CHEM 190	Freshman Seminar in Chemistry	
FYS 100	First Year Seminar	
GNED 100	Adult Academic Success Seminar	
GNED 199	New Student Seminar	
HPEM 199	Freshman Seminar in Health and Physical Education	
IDS 155	Pathways to Adult Learning	
JUST 199	New Student Seminar	
MATH 102	New Student Experience for Mathematical Sciences	
MUGN 199	Freshman Seminar for Music Majors	
NURS 199	Introduction to Nursing	
POLS 199	Freshman Seminar in Political Science and Law	

SEEDS General Education Requirements

Click here for a list of courses that fulfill the SEEDS requirements. (<http://catalog.montclair.edu/programs/seeds-general-education-requirements/>)

Code	Title	Credits
Complete three courses from three different categories:		9-10
Effective Writing I		
Effective Writing II		
Interactive Communication		
Quantitative Reasoning		
Political and Civic Life		
World Language		
Analyzing Cultures and Societies		
Creative Expression		
Ethical Inquiry		
Historical Thinking		
Literary and Artistic Analysis		
Scientific Reasoning		

Recommended Roadmap to Program Completion

This two-year plan is provided as an outline for students to follow in order to complete their program requirements within two years. This plan is a recommendation and students should only use it in consultation with their academic advisor. Students must be registered for more than half-time (more than 6 credits) each semester.

First Year

Fall	Credits Spring	Credits
New Student Seminar	1 CGST 175	3
CGST 150	3 General Education Choice 2	1-4

General Education Choice 1	3 World Language/Culture or General Education Choice 3	3
7		7-10
Second Year		
Fall	Credits Spring	Credits
CGST 175	3 Concentration Course	1-4
Concentration Course	1-4 General Education Choice 3 or Free Elective	1-4
Concentration Course	1-4 CGST 275	6
Concentration Course (if more concentration credits are needed)	1-0 Concentration Course (if more concentration credits are needed)	1
Concentration Course (if more concentration credits are needed)	1-0 Concentration Course (if more concentration credits are needed)	1
7-11		10-16
Total Credits 31-44		

Completion of a minimum of 36 credits is required. In case a student chooses to take 10 credits in General Education electives and 3 credits in World Languages and Cultures, and/or higher credit concentration courses the total required number of credits may add up to more than 36 credits.